

QUESTIONNAIRE FOR MENTAL HEALTH

Please answer the following questions about the disclosure of anxiety, stress, depression (including nervous disorders) or other mental health disorder on your application, giving as much detail as possible. Please take care when answering the questions to make sure they're accurate, true and complete. If not, you risk your cover being cancelled or, when we assess a claim, you risk us paying a reduced amount or nothing at all.

1. What was the diagnosis?

2. When were you diagnosed
(month/year)?

3. What symptoms have you had?

4. When did you first have
symptoms (month/year)?

5. When did you last have
symptoms (month/year)?

6. What treatment or medication
have you had for this condition?
Please provide full details of all
treatment and/or medication,
including type of treatment and
the name and dosage of any
medication.

7. Are you still under treatment
or medication?

☐ Yes ☐ No

If not, when did it stop
(month/year)?

8. Have you ever been referred
to a psychiatrist?

☐ Yes ☐ No

If so, please provide details
including dates.

9. Have you ever been admitted to
hospital for this condition?

☐ Yes ☐ No

If so, please provide details,
including dates and duration
of admission(s).

10. Have you had any time off work for this condition? ☐ Yes ☐ No

If so, please give details including dates and duration.

11. Are you under any follow-up with your GP or specialist for this condition? ☐ Yes ☐ No

12. Have you ever attempted suicide? ☐ Yes ☐ No

If so, please provide details including date(s).

13. Have you ever had suicidal thoughts? ☐ Yes ☐ No

If so, please provide details including date(s).

14. Have you ever self-harmed? ☐ Yes ☐ No

If so, please provide details including date(s).

If you have copies of any hospital letters that you're willing to share with us, please include them.